**Appendix 4**

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| Anti-Bullying Information  Sense Welsh LogoSense Logo with taglineSense Logofor Students |

# What is Bullying?

Bullying is behaviour by a single person/individual or a group of people, that is usually repeated over time, which intentionally hurts another individual or group, either physically or emotionally.

**Sense College will do its best to stop bullying.**

# Why might Bullying happen?

Bullying might happen because a person:

* Is from another country or has a different skin colour
* Looks or sounds different
* Is a boy or a girl
* Is Lesbian, Gay, Bisexual or Transgender (LGBT)
* Is religious, follows a particular type of religion, or not religious at all
* Is young, old, or somewhere in between
* Has a disability, a health condition or a learning difficulty
* Has a different home life
* Is different in some other kind of way

Bullying might also happen due to a misunderstanding or because people do not get on with each other.

Bullying might take place because someone wants somebody else to do something they shouldn’t do, or don’t want to do. This is often known as coercion and may be linked to radicalisation, criminal activity or practices such as forced marriage, or female genital mutilation (also known as cutting).

Bullying might take place because someone wants to have power over someone else. Sometimes this can involve touching someone sexually without getting their consent, or making comments about their bodies that make the person feel unhappy or uncomfortable. It is important to remember that your body belongs to you and you always have the right to say “No” to touching that you don’t want.

**It is never right to bully someone.**

# Types and signs of Bullying

Bullying can be:

* Physical (hitting, pushing)
* Emotional (being nasty with words)
* Sexual or sexist
* Ignoring someone
* Between groups or individuals
* Face to face
* Messages through a computer, social media or the internet (this is called cyberbullying)
* By other students, staff, parents or family members, carers
* By strangers who don’t know you

**At Sense College we are happy that we have all sorts of people in the college community and we aim to stop ALL bullying.**

# What to do if you see Bullying or feel Bullied

If you think you are being bullied, or somebody is making you feel unhappy or unsafe, or you see someone else being bullied, please **TELL SOMEONE**.

You can tell:

* Your personal tutor
* Your mentor or advocate
* Pathway Leader
* Any member of staff that you trust
* Your parents, family members or carers

We take all reports of bullying seriously and we will work hard to stop it from happening again,

If you need more information, ask a member of staff.

**END**